



## Nursery Menu (January 2024)

Week 1	Morning Snack	Home cooked lunch	Afternoon Tea
Monday	Homemade pancakes and fresh fruit  Dairy Milk/Oat milk or water	Fish fingers, mashed potatoes and baked beans Veggie fingers (Ve)  Gingerbread Biscuit	Homemade potato wedges and dips  Dairy milk/Oat milk or water
Tuesday	Warm Croissant and Strawberries (V) Vegan Croissant (Ve)  Dairy Milk/Oat milk or water	Lightly Spiced and red lentil Dhansak with fluffy boiled rice (Ve)  Homemade Brownie Bites (V)	Selection of freshly prepared sandwiches with cucumber and carrot sticks  Dairy Milk/Oat milk or water
Wednesday	Greek Yoghurt with fruit compote (V) Soya yoghurt with fruit compote (Ve)  Dairy Milk/Oat milk or water	Roasted Chicken with roast potatoes, homemade yorkshire pudding and seasonal vegetables Soya Chicken style pieces (V)  Rice pudding with jam sauce	Buffet tea French bread, Cheddar Cheese cubes, pork sausage rolls raisins, grated carrot and cucumber sticks Meat free sausage rolls (VE) dairy free cheese (Ve)  Dairy Milk/Oat milk or water
Thursday	Wholemeal toast and fresh fruit  Dairy Milk/Oat Milk or water	Moroccan-style Pork Ragu with fruity Cous Cous Moroccan-style Veggie Ragu (Ve)  Vanilla ice-cream with a wafer (V) Dairy free ice-cream available (Ve)	Pizza fingers with a choice of fruit (V)  Dairy Milk/Oat milk or water
Friday	Rich Tea biscuit and Banana (Ve)  Dairy Milk/Oat Milk or water	Red pepper and tomato pasta bake (V)  Fruity Fromage Frais (V) Soya fruity yoghurt (Ve)	Wholemeal rice cake with crudites (Ve)  Dairy Milk/Oat Milk or water

### Allergens

Monday				Tuesday				Wednesday				Thursday				Friday			
Snack	lunch	dessert	tea	snack	lunch	dessert	tea	snack	lunch	dessert	tea	snack	lunch	dessert	tea	snack	lunch	dessert	tea
Wheat/ Gluten/ Egg/ Dairy/ milk	Wheat/ Gluten/ Fish	Wheat/ Gluten	Wheat/Gl uten/ Dairy/Milk	Dairy/ milk gluten/ wheat	Celery/ Wheat/ Gluten/	Gluten/ wheat/ Egg/ Milk	Gluten/ wheat Dairy milk/ Fish	Dairy/ milk/ Soya	Egg/Milk/ Wheat/ Gluten/ Soya	Dairy/ Milk	Wheat/Gl uten/Milk /Soya/ Sulphur Dioxide	Dairy/milk Wheat/ gluten	Gluten/ Wheat/ Celery	Wheat/ gluten/ Milk/ Soya	Wheat/ gluten/ Milk	Dairy milk Wheat/ gluten	Gluten/ wheat	Dairy milk soya	dairy milk

All individual dietary and allergy requirements will be catered to according to each individual Health Care Plan. Please ask staff for further details.



## Nursery Menu (January 2024)

Week 2	Morning Snack	Home cooked lunch	Afternoon Tea
Monday	Cream cracker with melon (Ve)  Dairy Milk/Oat Milk or water	Spanish chicken with boiled long grain rice Soya chicken style pieces (Ve)  Fresh fruit platter (Ve)	Selection of soft pitta pockets with a variety of fillings and carrot ribbons (Ve)  Dairy Milk/Oat Milk or water
Tuesday	Toasted crumpet with pear (Ve)  Dairy Milk/oat milk or water	Moroccan-style veggie ragu with cous cous(Ve)  Vanilla Ice Cream with Cornet Diary free Ice Cream	Homemade cheese and ham pinwheels with cucumber sticks  Dairy Milk/Oat Milk or water
Wednesday	Greek Yoghurt with fruit compote (V) Soya yoghurt with fruit compote (Ve)  Dairy Milk/Oat Milk or water	Beef hotpot with seasonal vegetables Veggie hotpot with seasonal vegetables (Ve)  Homemade pineapple upside down cake (V)	Wholemeal rice cake with crudites (Ve)  Dairy Milk/Oat Milk or water
Thursday	Fruit loaf with an apple slice (V)  Dairy Milk/Oat Milk or water	Fisherman's Pie with garden peas Creamy butterbean pie (Ve)  Homemade fruity buns	Homemade soup with bread roll  Dairy Milk/Oat Milk or water
Friday	Rich Tea biscuit and Banana (Ve)  Dairy Milk/Oat Milk or water	Cheesy broccoli and cauliflower orzo pasta (V) Free from cheese alternative (Ve)  Fruity Fromage Frais (V) Soya fruity yoghurt (Ve)	Homemade scones with jam and raisins  Dairy Milk/Oat Milk or water

### Allergens

Monday				Tuesday				Wednesday				Thursday				Friday			
Snack	lunch	pudding	tea	snack	lunch	pudding	tea	snack	lunch	pudding	tea	snack	lunch	pudding	tea	snack	lunch	pudding	tea
Wheat Gluten Dairy Milk	Celery/ Soya		Dairy Milk Wheat/ gluten/ Fish	Dairy Milk Wheat/ gluten	Celery/ Wheat/ Gluten	Dairy Milk/Wheat/ Gluten/ Soya	Dairy milk wheat/ gluten	Dairy milk/ Soya	Wheat/ Gluten	Wheat/ Gluten/ Egg	Dairy / Milk	Dairy Milk Wheat/ gluten/ Sulphur Dioxide/Egg	milk Wheat/ gluten/Fish	Egg/Wheat /Gluten/ Sulphur	Dairy Milk Wheat/ gluten Celery	Dairy Milk Wheat/ gluten	Milk/ Wheat/ Gluten	Milk/Soya	Milk Sulphur Dioxide

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## Nursery Menu (January 2024)

Week 3	Morning Snack	Home cooked lunch	Afternoon Tea
Monday	Homemade pancakes and fresh fruit  Dairy Milk/Oat Milk or water	Vegetable curry with fluffy white rice and naan bread (Ve)  Fresh fruit platter	Buffet tea French bread, Cheddar Cheese cubes, pork sausage rolls raisins, grated carrot and cucumber sticks Meat free sausage rolls (VE) free from cheese (VE)  Dairy Milk/Oat milk or water
Tuesday	Wholemeal toast with apple slice  Dairy Milk/Oat Milk or water	Traditional spaghetti bolognese with garlic bread Veggie bolognese (Ve)  Homemade carrot cake (Ve)	Freshly prepared wraps with a variety of fillings and tortilla chips (Ve)  Dairy Milk/Oat Milk or water
Wednesday	Oat biscuits and fresh fruit  Dairy Milk/Oat Milk or water	Roasted chicken with roast potatoes, homemade yorkshire pudding and seasonal vegetables Soya chicken style pieces (Ve)  Fruit crumble and custard (V) Fruit crumble with dairy free custard (Ve)	Homemade soup with bread roll  Dairy Milk/Oat Milk or water
Thursday	Toasted tea cake and fresh fruit  Dairy Milk/Oat Milk or water	Steamed Cod in a tomato and red pepper sauce with Cous Cous Sweet Potato in tomato and pepper sauce (Ve)  Homemade Vanilla Biscuit (V)	Wholegrain rice cake with crudites (Ve)  Dairy Milk/Oat Milk or water
Friday	Rich Tea biscuit and melon fingers (Ve)  Dairy Milk/Oat Milk or Water	Macaroni cheese  Fruity fromage frais (V) Dairy free alternative available (Ve)	Homemade cheesy scones with crudites  Dairy Milk/Oat Milk or water

### Allergens

Monday				Tuesday				Wednesday				Thursday				Friday			
Snack	lunch	pudding	tea	snack	lunch	pudding	tea	snack	lunch	pudding	tea	snack	lunch	pudding	tea	snack	lunch	pudding	tea
Dairy Milk Wheat gluten/ Egg	Wheat/ Gluten/ Celery		Dairy Milk Wheat/ Gluten/ Sulphur Dioxide	Dairy Milk Wheat/ gluten	Wheat/ gluten	Egg/Milk	Dairy Milk Wheat/ gluten Fish/ Soya	Dairy Milk Wheat/ Gluten	Egg/ Wheat/ Gluten/ Milk/Soya	Milk/ Wheat/ Gluten	Wheat/ gluten Dairy milk/ Celery	Dairy Milk Wheat/ Gluten	Fish/ Wheat/ Gluten	Milk/Soya	Dairy milk Wheat/ gluten	Dairy Milk Wheat / gluten	Wheat/ gluten fish	Dairy milk soya	Dairy milk Wheat/ Gluten

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## Nursery Menu (January 2024)

Week 4	Morning Snack	Home cooked lunch	Afternoon Tea
Monday	Cream crackers with banana (Ve)  Dairy Milk/Oat Milk or Water	Cheesy potato pie (V) Dairy free cheesy potato pie (Ve)  Homemade lemon and orange cake (Ve)	Fruit loaf with fresh fruit  Dairy Milk/Oat Milk or Water
Tuesday	Banana bread with pear slices (V)	Chicken and Leek puff pastry pie with new potatoes and seasonal vegetables Potato and leek pie (Ve)  Fresh fruit platter	Selection of sandwiches with various fillings and vegetable sticks (Ve)  Dairy Milk/Oat Milk or Water
Wednesday	Bagel with sliced apple (Ve)  Dairy Milk/Oat Milk or Water	Mixed bean chilli with fluffy white boiled rice (Ve)  Sponge pudding and custard	Cheesy Welsh muffin with vegetable sticks  Dairy Milk/Oat Milk or Water
Thursday	Greek yoghurt with fruit compote (V) Soya yoghurt (Ve)  Dairy Milk/Oat Milk or Water	Pork sausage with roast potatoes and seasonal vegetables Meat-free sausage with roast potatoes and seasonal vegetables (Ve)  Vanilla ice cream cornet Dairy free ice cream cornet (Ve)	Homemade pizza and crudites (V)  Dairy Milk/Oat Milk or Water
Friday	Rich Tea biscuit and melon fingers (Ve)  Dairy Milk/Oat Milk or Water	Homemade tuna pasta bake  Fruity fromage frais (V) Dairy free alternative available (Ve)	Wholegrain rice cakes with crudites (Ve)  Dairy Milk/Oat Milk or Water

### Allergens

Monday				Tuesday				Wednesday				Thursday				Friday			
Snack	lunch	pudding	tea	snack	lunch	pudding	tea	snack	lunch	pudding	tea	snack	lunch	pudding	tea	snack	lunch	pudding	tea
Dairy Milk Wheat/ gluten	Dairy/ Milk	Wheat/ Gluten/ Egg	Dairy Milk Wheat/ gluten	Dairy Milk Wheat/ gluten/ Egg	Wheat/ Gluten		Wheat/ gluten Dairy milk/Fish	dairy milk wheat/ gluten	Celery	Wheat/ gluten Dairy milk/ Egg	Dairy Milk Wheat/ gluten/ Egg	Dairy Milk soya	Soya/ Mustard	Milk/ Wheat/ Gluten	Dairy milk/ Wheat/ Gluten	Dairy Milk/ Wheat/ Gluten	Wheat/ Gluten/ Fish	Milk/Soya	Dairy Milk

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